

Fibromyalgia Criteria American College of Rheumatology 2010

The FM criteria are a combination of the Widespread Pain Index and the Symptom Severity Score

Widespread Pain Index (WPI)

Check the number of areas in which the patients has had pain over the last week. How many areas has the patient had pain? Score will be between 0 and 19.

- | | | |
|--|--|---|
| <input type="checkbox"/> Jaw - left | <input type="checkbox"/> Upper arm - left | <input type="checkbox"/> Upper leg - left |
| <input type="checkbox"/> Jaw - right | <input type="checkbox"/> Upper arm - right | <input type="checkbox"/> Upper leg - right |
| <input type="checkbox"/> Neck | <input type="checkbox"/> Lower arm - left | <input type="checkbox"/> Lower leg - left |
| <input type="checkbox"/> Upper back | <input type="checkbox"/> Lower arm - right | <input type="checkbox"/> Lower leg - right |
| <input type="checkbox"/> Lower back | <input type="checkbox"/> Chest | <input type="checkbox"/> Hip/trochanter - right |
| <input type="checkbox"/> Shoulder girdle - left | <input type="checkbox"/> Abdomen | <input type="checkbox"/> Hip/trochanter - left |
| <input type="checkbox"/> Shoulder girdle - right | | |

WPI Score = _____

Symptom Severity Score SS (Score)

Symptoms: fatigue, waking unrefreshed & cognitive symptoms

for each of these 3 symptoms, indicate the level of severity over past week using the following scale:

0 = No problems;

1 = Slight or mild problems: generally mild or intermittent;

2 = Moderate: considerable problems; often present and/or at a moderate level;

3 = Severe: pervasive, continuous, life-disturbing problems.

The Symptom Severity Score is the sum of the severity of the 3 symptoms (fatigue, waking unrefreshed and cognitive symptoms) plus the sum of the number of the following symptoms occurring during the previous 6 months: headaches, pain or cramps in the lower abdomen, and depression (0-3). The final score is between 0 and 12.

Symptom Severity Score = _____

FM Criteria

A patient satisfies modified ACR 2010 fibromyalgia diagnostic criteria if the following 3 conditions are met:

1. Widespread Pain Index ≥ 7 and Symptom Severity Score ≥ 5 . **WPI Score** _____ & **SS Score** _____
(≥ 7) (≥ 5)

or

Widespread Pain Index between 3-6 and Symptom Severity Score ≥ 9 .

WPI Score _____ & **SS Score** _____
3-6 ≥ 9

Total Scores _____

2. Symptoms have been at a similar level for at least 3 months.

3. The patient does not have a disorder that would otherwise sufficiently explain the pain.

Reference: Wolfe F. et al., The American College of Rheumatology Preliminary Diagnostic Criteria for Fibromyalgia and Measurement of Symptom Severity. Arthritis Care Res 2010; 62:600-10.