

Scoring Sheet for the Revised Canadian ME/CFS Case Definition

Scoring Sheet: To meet criteria, a symptom must have a rating for Frequency and Severity of 2 or more. If a criterion is met, place a check next to the "Yes" question in the scoring column.			Diagnosis
Categories	Scoring	Meets Criterion	
<p>I. Fatigue: Must meet criterion for Questions 13, 67, and SF-36 Scales</p> <p><i>Fatigue:</i> Question 13</p> <p><i>Lifelong problems with fatigue/energy:</i> Question 67 Must answer "No" to indicate that problem with fatigue/energy is <u>not</u> lifelong.</p> <p><i>Substantial Reduction:</i> Meets cutoff on at least two SF-36 Scales. Role Physical (R): Score of ≤ 50. Vitality (V): Score of ≤ 35. Social Functioning (S): Score of ≤ 62.5.</p>	<p>13. Meets frequency and severity of ≥ 2? Yes _____</p> <p>67. Indicates "No"? Yes _____</p> <p>Substantial Reduction: Meets 2 of 3 SF-36 scales? Yes _____</p>	<p>Meets Fatigue Criteria Yes _____</p>	<p>_____ Research ME/CFS Meets Criteria for categories I, II, III, IV, V and VI.</p> <p>_____ Clinical ME/CFS Meets Criteria for 5 of the 6 categories. Also, for VI, only one symptom from one category is needed. Category II is required.</p>
<p>II. Post-Exertional Malaise: At least one symptom from Questions 14 to 18</p>	<p>Indicates frequency and severity of ≥ 2 on at least <u>one</u> symptom from questions 14 to 18? Yes _____</p>	<p>Meets Post-Exertional Malaise Criterion Yes _____</p>	
<p>III. Sleep: At least one symptom from Questions 19 to 24</p>	<p>Indicates frequency and severity of ≥ 2 on at least <u>one</u> symptom from questions 19 to 24? Yes _____</p>	<p>Meets Sleep Criterion Yes _____</p>	
<p>IV. Pain: At least one symptom from Questions 25 to 31 *To be counted for Question 31 (headaches) participant must answer "Yes" to Question 68.</p>	<p>Indicates frequency and severity of ≥ 2 on at least <u>one</u> symptom from questions 25 to 31? Yes _____</p>	<p>Meets Pain Criterion Yes _____</p>	<p>_____ Atypical ME/CFS Meets criteria for 2-4 categories.</p>
<p>V. Neurological/Cognitive Manifestations: At least two symptoms from Questions 32 to 44</p>	<p>Indicates frequency and severity of ≥ 2 on at least <u>two</u> symptoms from questions 32 to 44? Yes _____</p>	<p>Meets Neurological/Cognitive Manifestations Criterion Yes _____</p>	
<p>VI. Other Category: Minimum of <u>one</u> symptom from <u>two</u> of the following <u>three</u> categories:</p> <p>a. Autonomic Manifestations: Questions 45 to 51</p> <p>b. Neuroendocrine Manifestations: Questions 52 to 61</p> <p>c. Immune Manifestations: Questions 62 to 66</p>	<p>a. Indicates frequency and severity of ≥ 2 on at least <u>one</u> symptom from questions 45 to 51? Yes _____</p> <p>b. Indicates frequency and severity of ≥ 2 on at least <u>one</u> symptom from questions 52 to 61? Yes _____</p> <p>c. Indicates frequency and severity of ≥ 2 on at least <u>one</u> symptom from questions 62 to 66? Yes _____</p>	<p>Meets Other Category Criteria Yes _____</p>	<p>_____ ME/CFS-Like Meets criteria for all categories but not for a duration of six or more months (see Question 69).</p> <p>_____ Remission Was diagnosed with ME/CFS at one time (See Question 70) but is currently experiencing 0-1 Criteria categories.</p>