

## Scoring Sheet for the Revised Canadian ME/CFS Case Definition

Scoring Sheet: To meet criteria, a symptom must have a rating for Frequency and Severity of 2 or more. If a criterion is met, place a check next to the "Yes" question in the scoring column.			Diagnosis
Categories	Scoring	Meets Criterion	
<p><b>I. Fatigue: Must meet criterion for Questions 13, 67, and SF-36 Scales</b></p> <p><i>Fatigue:</i> Question 13</p> <p><i>Lifelong problems with fatigue/energy:</i> Question 67 Must answer "No" to indicate that problem with fatigue/energy is <u>not</u> lifelong.</p> <p><i>Substantial Reduction:</i> Meets cutoff on at least two SF-36 Scales. Role Physical (R): Score of <math>\leq 50</math>. Vitality (V): Score of <math>\leq 35</math>. Social Functioning (S): Score of <math>\leq 62.5</math>.</p>	<p><b>13.</b> Meets frequency and severity of <math>\geq 2</math>? Yes _____</p> <p><b>67.</b> Indicates "No"? Yes _____</p> <p><b>Substantial Reduction:</b> Meets <b>2 of 3</b> SF-36 scales? Yes _____</p>	<p>Meets Fatigue Criteria Yes _____</p>	<p>_____ <b>Research ME/CFS</b> Meets Criteria for categories I, II, III, IV, V and VI.</p> <p>_____ <b>Clinical ME/CFS</b> Meets Criteria for 5 of the 6 categories. Also, for VI, only one symptom from one category is needed. Category II is required.</p>
<p><b>II. Post-Exertional Malaise:</b> At least one symptom from <b>Questions 14 to 18</b></p>	<p>Indicates frequency and severity of <math>\geq 2</math> on at least <b>one</b> symptom from questions <b>14 to 18</b>? Yes _____</p>	<p>Meets Post-Exertional Malaise Criterion Yes _____</p>	
<p><b>III. Sleep:</b> At least one symptom from <b>Questions 19 to 24</b></p>	<p>Indicates frequency and severity of <math>\geq 2</math> on at least <b>one</b> symptom from questions <b>19 to 24</b>? Yes _____</p>	<p>Meets Sleep Criterion Yes _____</p>	
<p><b>IV. Pain:</b> At least one symptom from <b>Questions 25 to 31</b>  *To be counted for Question 31 (headaches) participant must answer "Yes" to Question 68.</p>	<p>Indicates frequency and severity of <math>\geq 2</math> on at least <b>one</b> symptom from questions <b>25 to 31</b>? Yes _____</p>	<p>Meets Pain Criterion Yes _____</p>	<p>_____ <b>Atypical ME/CFS</b> Meets criteria for 2-4 categories.</p>
<p><b>V. Neurological/Cognitive Manifestations:</b> At least two symptoms from <b>Questions 32 to 44</b></p>	<p>Indicates frequency and severity of <math>\geq 2</math> on at least <b>two</b> symptoms from questions <b>32 to 44</b>? Yes _____</p>	<p>Meets Neurological/Cognitive Manifestations Criterion Yes _____</p>	
<p><b>VI. Other Category:</b> <b>Minimum of one symptom from two of the following three categories:</b></p> <p><b>a. Autonomic Manifestations: Questions 45 to 51</b></p> <p><b>b. Neuroendocrine Manifestations: Questions 52 to 61</b></p> <p><b>c. Immune Manifestations: Questions 62 to 66</b></p>	<p><b>a.</b> Indicates frequency and severity of <math>\geq 2</math> on at least <b>one</b> symptom from questions <b>45 to 51</b>? Yes _____</p> <p><b>b.</b> Indicates frequency and severity of <math>\geq 2</math> on at least <b>one</b> symptom from questions <b>52 to 61</b>? Yes _____</p> <p><b>c.</b> Indicates frequency and severity of <math>\geq 2</math> on at least <b>one</b> symptom from questions <b>62 to 66</b>? Yes _____</p>	<p>Meets Other Category Criteria Yes _____</p>	<p>_____ <b>ME/CFS-Like</b> Meets criteria for all categories but not for a duration of six or more months (see Question 69).</p> <p>_____ <b>Remission</b> Was diagnosed with ME/CFS at one time (See Question 70) but is currently experiencing 0-1 Criteria categories.</p>